



Orienting to the New Culture (ONC1): Course 1 **Experiential Workshops with One on One Coaching**

The course is designed to improve the capacities of students' **creativity, communication and self-awareness competencies** through implementing own creative methods and adapting to a personal challenges .The course aims to open an experiential time&space and methadology for participants to explore and develop **their unique creative ideas to integrate their daily life challenges** with new methods.

Intermodal Expressive Arts concept and models will be the ground of the workshops .**YOU** can choose and explore different tools to implement in your daily life and school challenges for finding new ideas to adapt moving forward from the challenges. Also, you would have **photography projects, collage works, story telling,, painting techniques** that help support the journey of each of you personally. You will collect all your works in a digital portfolio, which will be presented in the end of the course. **The course has 3 workshops and 3 one to one coaching sessions online with a porfolio presentation as a closure.**

Some Student's Comments:

"ONC is a course which focuses on your own individual journey while adapting to the "new". I was glad that it helped me realize my own challenge while working creatively and taught me different (art) methods for adapting to it to make my overall study life easier. It is one of the few courses that really focus on the individual learning journey, which was really colorful, diverse and fun!"

"ONC offer a new way to face the challenges of everyday and give you the tool to apply that knowledge to every problem. It also help you to find new ways to explode your creativity and awareness"

"ONC is like finding your own way. To focus on what do you want to achieve. The workshops show you different creative strategies to explore new ways helping through challenging projects or everyday experiences. With an individual coaching you can define your own way of integration in your studies and tasks."



Dr. Sinem Lanacı, PCC

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Dr. Sinem Lanacı, is sharing her passion for bringing science and art together for a transitional period in change. A new cultural environment, new language learning, new international projects/ lectures in the international working or studying environment or new role and new promotion in the organization invite the change and the transitional adaptation process. She believes that developing the potential skills in transitional period of change through creativity and based on a model she developed and had her international Ph.D. degree on her experiential intermodal expressive arts (experiential and creative methodologies) - after several years of her research on different methods in many different countries, helping the talents and leaders to accelerate their transformation and change. She received her PhD with honorary doctorate degree in the Expressive Arts: Therapy, Coaching, Counseling, Education, Conflict Transformation and Peacebuilding in Switzerland. She designed ONC1 (Orienting to a New Culture) and ONC 2 (Adapting to a New Culture) courses from her PhD model and students evaluated the ONC1 AND ONC2 very highly in 2020, 2021 and 2022.

She is an internationally accredited senior coach PCC and facilitator. She has more than 1500 hours of theoretical training, accreditation internationally and more than 2000 hours of implementation to various fields in universities and organizations. During her nearly 20 years of work experience in Pharmaceutical, IT, Health, Holding HQ and in the Manufacturing sector. Dr. Lanacı also established collaborations with universities, attended classes, implemented her model to master class, and worked closely with talent on adaptation projects to business life. In the field of Human and Culture (HR) function, Dr. Lanacı took part in the management of change, cultural change and organizational structuring processes, as well as being the manager of the HR function during the experience of six different companies and sectors in the national and international arena. Her main focus has been the agile and effective revealing and potential development of human and organizational potential in all layers of levels with unique methodology during the transition and cultural change processes.